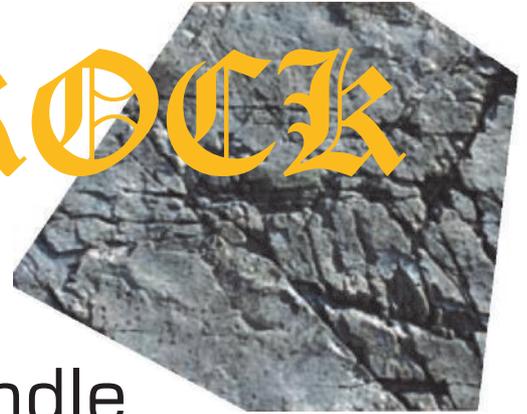




Anglican Parish of  
Caversham Saint Peter,  
Dunedin, New Zealand

# THE ROCK

May 2013—Easter Eve



## Painting the paschal candle

By The Vicar



PHOTOS: INFORMATION SERVICES OTAGO LTD.

Parishioners have commented on the striking and attractive design painted on this year's Paschal Candle. We have Elizabeth Kimberley to thank for this, vestment maker extraordinaire, and wife of the Vicar of St Mark's Opawa, Christchurch.

Traditionally Paschal Candles are painted with a cross, the symbols Alpha and Omega, the year of the Easter celebration they are created for, and various organic symbols of the renewed natural world, and of the Paschal Triduum. Some parishes really go to town and drape vines around the stem of the candleholder.



Transfers just don't do it in terms of appropriate colouration of this major symbol of the resurrection, whereas artists have scope to create something that adorns and teaches in beautiful manner a highlight of the candles in the sanctuary.

Throughout the Easter season the Paschal Candle will remain in the sanctuary to be lit at every Service, and will then be moved to the font after Pentecost. It is also placed beside the coffin at every funeral in Church. 

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## Letters

I am able to give some help with identifying two people in the photo on page 6 of the April 2013 edition. My name is Beverley Corbett and I was a parishioner at Saint Peters from 1953 until 1960. It is me at the right hand end of the middle row (beside my mother Sheilah Powell)—at that time my surname was Dickey. The little boy on the right hand end of the front row is my son Michael Dickey. At the time of the photo my son and I were staying with my parents while on holiday from our home in Auckland. I still live in Auckland and am in regular contact with Adam Coxon (who lives in Wellington). It was he who thought I might be able to assist with missing names.

I regret that I am unable to tell you the name of the other unidentified young woman, although I remember her as being a parishioner at the church. Her Christian name may have been Carol. However, I'm not certain about that.

I hope the details I have been able to give are helpful. I remember my time at Saint Peter's fondly—I was a choir member for several years and also taught in the Sunday School.

**Beverley Corbett, Auckland.**

The Rock welcomes letters to the Editor. Letters should be no more than 150 words in length and are subject to selection and, if selected, to editing for length and house style. Letters may be :

Posted to : The Editor of The Rock,  
c/- The Vicarage, 57 Baker Street,  
Caversham,  
Dunedin, N.Z. 9012

Emailed to:

[TheRockEditor@stpeterscaversham.org.nz](mailto:TheRockEditor@stpeterscaversham.org.nz)

### Ask The Vicar

For answers to questions doctrinal, spiritual and liturgical.

Write to: Ask The Vicar,  
57 Baker Street,  
Caversham,  
Dunedin, N.Z. 9012

Or email:

[AskTheVicar@stpeterscaversham.org.nz](mailto:AskTheVicar@stpeterscaversham.org.nz)

### ASK THE VESTRY

Questions about the secular life and fabric of the parish may be:

Posted to : Ask The Vestry,  
c/- The Vicarage, 57 Baker Street,  
Caversham,  
Dunedin, N.Z. 9012

Emailed to:

[AskTheVestry@stpeterscaversham.org.nz](mailto:AskTheVestry@stpeterscaversham.org.nz)



The photograph originally published last month. If you can identify the remaining "nameless" parishioner, please contact The Editor.

**Back row:** Alex Holmes, Allan Paris, Ern Powell, Father Roger Taylor (Vicar)

**Middle row:** Leith Johnston, unidentified parishioner, Kath Holmes, Mrs. Taylor, Doreen Fraser, Coral Paris, Mrs. Powell, Beverley Dickey (now Corbett)

**Front row:** David, Mark, Stephanie and Grant Paris, Michael Dickey.

PHOTO: SUPPLIED.

## THE CAVERSHAM LECTURES 2013

28 May

'Charles Gore' : Why prophets find it hard to be Bishops : The Oxford movement at full flood  
- Father Hugh Bowron Vicar of Caversham

12 November

"Altogether, and in tune this time" : An historical overview of Saint Peter's and local community arts.

- Mr David Hoskins, Director of Music, Saint Peter's Caversham

19 November

"The Social Impact of South Dunedin's Churches'

- Professor John Stenhouse, University of Otago History Department

26 November

"Language as the history of being human'

David Howard, poet, 2013 Burns fellow

Lectures will be in the parish hall at 7.30 pm. The lectures given by the Vicar will be given at 2 pm for those who don't like to travel at night, and will be repeated at 7.30 pm. Our guest lecturers will speak just once at 7.30 pm.

## Caption Capers

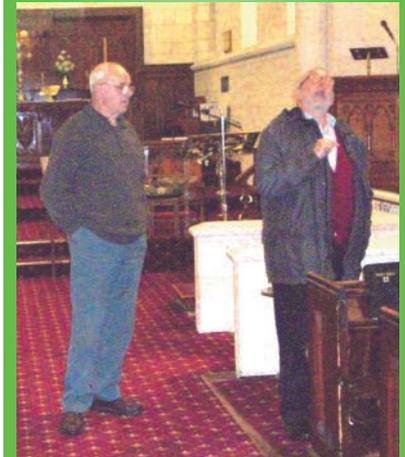


PHOTO: THE VICAR

Our call for suggested captions for this photograph of Archdeacon Bernard Wilkinson with our Director of Music, David Hoskins, during the recent parish bus trip to North Otago, drew some response:

"It's not that bad, David"

MAY CONDIE

"Don't give up the day job, David"

IAN CONDIE

"I know all things come to he who waits David, but..."

DAVID SCOLLAR

We also received some anonymous suggestions:

"My text is Isaiah 40:31"

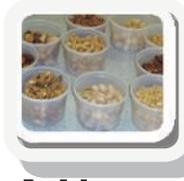
"Yes, I am familiar with Mark 2:4, but that's a jumbo king size bed hole"

"Pulling faces at him isn't going to get him down David"

"The X Factor auditions aren't until tomorrow David"

"I'm not sure that holding one's breath for three minutes is a fund raiser David"

"Was the bus trip really that bad David?"



# Nutritious

## Winning combinations and sweet dreams

By Alex Chisholm

For hundreds of years we have combined a variety of foods and flavours to make tasty and nutritious dishes. There is a good example below—a recipe for Cheese Tart supplied by Helen Clements.

As long as we have access to foods which are sources of animal protein, such as fish, meat, chicken and eggs, we maybe don't give as much thought as we might to what it would have been like when these foods were special "feast" foods. Some of the simpler food combinations very familiar to us originate from times and places where people had to rely much more on plant based foods to get the protein they needed. For instance cereals tend to be low in lysine, an essential amino acid, however milk is rich in lysine hence the winning combination of milk and cereal. Baked beans on toast, corn and beans and rice and beans are other combinations.

Proteins are made up of "units" called amino acids, and we need a variety of these to

construct the many hundreds of proteins which make up our bodies. Eight of these are essential—that is we need to get them from our food—others can be made in sufficient amounts by the body.

A warm milk drink before bed is something people often rely on to help get a good night's sleep. Milk contains an amino acid called tryptophan, which your body converts to compounds called melatonin and serotonin, both of which are thought to help induce sleep. Other foods which contain tryptophan include bananas, oats, poultry and peanuts—apart from bananas, not perhaps your usual supper-time food. There is another point about tryptophan. To be effective it needs carbohydrate from starchy foods like bread, or foods with sugar such as honey, to help it cross the blood/brain barrier. Milk itself contains carbohydrate so think of your snack as giving it a bit of a boost and increasing the availability of tryptophan to the brain.

Hazelnuts contain tryptophan, so how about



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some hazelnut spread (as in the image above) on toast, to go along with the warm milk.

Honey is another possibility. Warm milk and honey used to be a favoured remedy. 📺

### Cheese Tart

#### Ingredients:

For the pastry:

- ◆ 1¼ cup flour
- ◆ ½ tsp salt
- ◆ ½ tsp cayenne / paprika
- ◆ 5 oz (150g) butter
- ◆ 1 cup grated cheese
- ◆ 1 egg

For the filling:

- ◆ 2 tsp cornflour
- ◆ 1 cup milk
- ◆ ½ cup plain yoghurt
- ◆ 2 egg yolks
- ◆ 1 cup grated cheese
- ◆ ½ tsp salt
- ◆ ½ tsp cayenne / paprika

#### Method:

Oil a 20cm quiche dish. Sift flour, salt and cayenne / paprika. Rub in butter until crumbly. Stir in cheese and mix to a stiff dough with beaten egg. Chill 30 mins. Roll out and line quiche dish. Brush with a little egg white.

Mix cornflour to a paste with little cold milk. Add remaining milk, yoghurt, egg yolks, cheese, salt and cayenne / paprika. Pour into pastry case.

Bake at 350°F (180°C) for 50 minutes or until set.

Serve hot or cold with salad. Note: use a mixture of parmesan and gruyere cheese for preference.

Serves 4-6.

Recipe kindly sent in by Helen Clements (source TV & Radio Cookbook A. Visser, Tauranga)

### A French Lesson

By Ian Condie

At the end of the Second World War I was a pupil at a boys' school in Scotland. Our French master, a Mr. Hugelshofer of Swiss extraction, was a good teacher and disciplinarian. One day he informed us, rather nervously, that our next lesson would be taken by a student teacher from France.

He knew that our collective attitude towards the French at that time was that we British had had to rescue the effete French yet again. He also knew very well the evil nature of the

average boy and therefore warned us that any signs of discourtesy or misbehaviour would result in unpleasant consequences of a physical nature.

On the day, Mr. Hugelshofer was patently uneasy as he introduced the student to the class.

However, as the lesson proceeded, the unease changed through disbelief to incredulity for, from the initial "Bon jour mes élèves" to the final "Merci et adieu" that French student teacher had the entire class of uncouth fourteen year olds eating out of her shapely hand. 📺





By David Hoskins, Director of Music



"Saint Peter's was very well filled".

PHOTO'S: DAVID SCOLAR, INFORMATION SERVICES OTAGO LTD.

# Saturday Serenade



Peter Chin, Compere.



aint Peter's was very well filled for the *Saturday Serenade* concert this month. This was an exciting occasion compered with skill and great good humour by former Dunedin Mayor, Peter Chin. Highlights were many but perhaps, from the organist's point of view, watching Alan



Judy Bellingham, accompanied by Alan Edwards.



Arnold Bachop, organiser and entertainer.

Edwards, organist of St John's Roslyn, perform heroically the accompaniment to Judy Bellingham's keenly dramatic performance of Granville Bantock's 'Praise ye the Lord' and listening to young William Smaile's already fine tenor voice were certainly special moments.

The photograph below shows the Director of Music proving once again, by the evident 'stressed' concentration, that performing organ music by William Mathias is not so simple! Hearing the roof lift off in a spirited rendition of the hymn 'All Things Bright and Beautiful' was something those present will most certainly remember. Thanks, yet again, to Arnold Bachop for organizing so fine a line up. The Parish Centre refurbishment is now paid for. Bravo!

(Continued on page 5)



David Hoskins 'at work'.



William Smaile entertains.



More online at

[www.stpeterscaversham.org.nz/](http://www.stpeterscaversham.org.nz/)

in the Photo. Gallery

(Continued from page 4)

## Mass Setting

We have been singing the lovely music of Franz Schubert's 'German Mass' at the 10.30 Solemn Eucharist. During June we add the Kyrie and Gloria to complete the music. This simple and melodic arrangement by Richard Proulx is working very well.

## Red Cross Choir

It was again a great delight to welcome the talented members of Dunedin's Red Cross Choir to a service at Saint Peter's. Conducted by Eleanor Moyle, the choir provided four choral items spread throughout the liturgy. They sang with both skill and fine blend and at the wonderfully noisy morning tea afterwards, the choir was thanked warmly for such wonderful music.

## June Concert by Melrose Singers

At 1.30pm on Saturday, 8 June, Dunedin's Melrose Singers, conducted by Nicole Batchelar and accompanied by Jonathan Drummond, will present a concert in Saint Peter's. This fine ensemble performed in the Parish Centre two years ago to great acclaim. Watch the Pebble and website for details. Here in



The Red Cross Choir ready for the service to begin.

PHOTO: ALEX CHISHOLM

Dunedin, we really are blessed to have so many fine choirs performing within our community!

at Saint Peter's. Mary's generosity has enabled a music plan to be arranged, permitting the engagement of musicians and singers for festal and other occasions. Plans are already afoot to explore the possibility of a small 4-part consort to sing on an occasional basis and the formation of an all-comers choir to sing at Christmas. This will not only give singers valuable experience singing in actual liturgical situations but also provide an opportunity for singers of all levels of accomplishment the chance to sing in a choir. We live in interesting musical times!



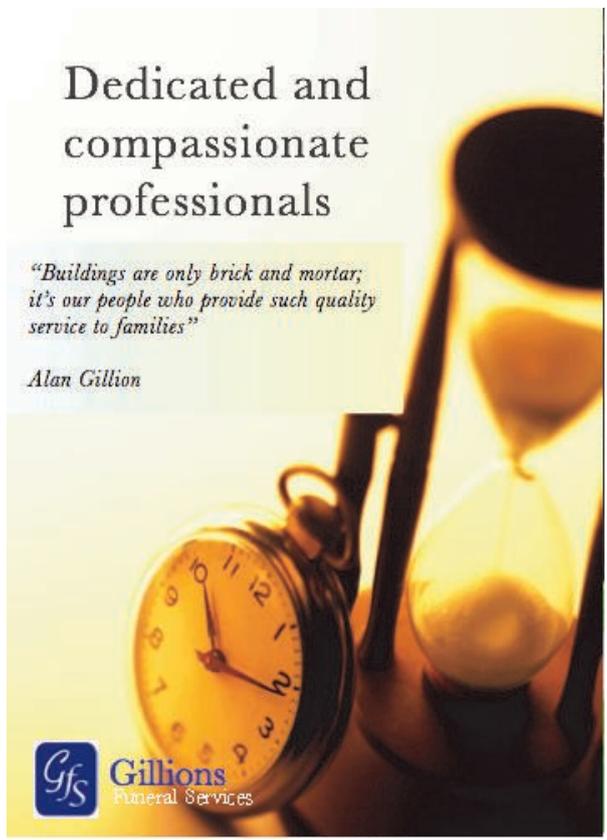
The Melrose Singers.

PHOTO: SUPPLIED

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Alan Gillion



## Patronal Festival Choral Evensong

A delightful feature of our annual Patronal Festival is the Choral Evensong on the Saturday evening followed by a Pot Luck Dinner. This year special music is planned and should prove an inspiring celebration. Again, watch the Pebble and website for more detail!

## A Choral Foundation for Saint Peter's

A bequest from the late Mary Warrington, a long-time Saint Peter's choir member, has been quietly building up financially over the past few years. The express purpose of the bequest was for church music

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# Saint Peter's People

## Evelyn Depree's story

As told to Michael Forrest

**E**velyn was born in Alexandra, an only child. She has always found this rather odd as each of her parents came from a large family, which gave her lots of elderly aunts ("lovely gentle ladies"). Her father, Mr Bodkin, later Sir William, was of Northern Irish descent and served for over twenty years as the Member of Parliament for Central Otago. He was a cabinet-minister in Prime Minister Sid Holland's government of the early 1950's, and had also been



Evelyn Depree at St Barnabas this month.

PHOTO: INFORMATION SERVICES OTAGO LTD.

in the war-cabinet a decade earlier under Prime Minister Peter Fraser. It was Sir William who managed the 1952-53 Royal Tour. In those days the Central Otago electorate was demographically quite diverse with the different groups such as gold miners and farmers being fiercely independent—not an easy collection to represent. Evelyn's mother, Lady Bodkin, became the Dominion President of the Plunket Society. While Evelyn had no siblings her parents cared for children from other families who were in difficult circumstances and some of these children became just as close.

Evelyn will turn ninety next birthday and is still going well. She takes great pleasure in memories of her school-years, especially at the then-new Presbyterian boarding-school for girls, Solway College in Masterton. It was a very good school with good teachers, particularly Mrs Thompson the founding Headmistress, and life there was secluded, which meant no distractions and therefore

good learning. Scripture was an important part of the syllabus. From there Evelyn went on to study at University for a Bachelor of Home Science degree (though she has always considered that she should have studied art) and became a general science teacher in secondary schools. In later years she worked as a medical social-worker, which she very much enjoyed.

Evelyn and her late husband Fred, who came from Invercargill, were married in 1949 at St Aidan's in Alexandra. He was a New Zealander who had trained in Canada and flown Spitfires during the War. One mission connected with photographic reconnaissance for the invasion of Italy saw him crash-land in Portugal where he was interned, but eventually he and others were freed and flown out. Unfortunately the 'plane they were travelling in itself crash-landed in Ireland and most of the passengers and crew were killed. Fred himself was seriously injured and invalidated home as a result. On his return he

studied law. When first married the young couple lived in Musselburgh Rise, but after a year and a half there they moved to Alexandra where Fred practised law for twenty years. On their return to Dunedin they lived in Andersons Bay, then built a new small house on a subdivided section near the tavern in Shiel Hill. Evelyn lived here until moving into the Home of St Barnabas two years ago. In 1983, once Fred then she had retired, they travelled overseas visiting places he had known during the War,

including the town in Portugal where he had been interned.

Fred and Evelyn had three boys and a girl, now aged between fifty and sixty, of whom Nicky, Jim and Jonathan are in the North Island while Mike is in Christchurch. All of them have done well with tertiary qualifications and have jobs involved with people. Evelyn now has seven grandchildren, ranging in age from being at University to just six, plus a baby great-grand-daughter whom she has not yet seen.

The Bodkins were church-going people but most of Evelyn's early religious knowledge came from her schooling. When she was a girl the Vicar of St Aidan's, Father Stanley Hurd, was very high-church, like Father Harding ("a very special man") at St Michael and All Angels', Andersons Bay, later on; whereas Solway was quite low-church. In Dunedin Evelyn always attended 8 o'clock services either at St Michael's or Saint Peter's (though she feels that the former is really her parish); a church-goer all her adult life, she was also a member of the AAW.

Evelyn was a keen member of the University of the Third Age and still misses it, and remains an avid reader (as she has always been), sharing books with her family. She describes her life as "a home life", i.e. a domestic one - salt of the earth. She remembers with gratitude advice she received from her father: "Sit and listen to people, very carefully" 📖.




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## Regular Services

*please consult The Pebble or our website for variations*

All services are held at Saint Peter's unless noted otherwise

SUNDAY:	8am	Holy Communion according to the Book of Common Prayer
	10.30am	Solemn Eucharist
TUESDAY:	11am	Eucharist in the Chapel of St Barnabas' Home, Ings Avenue
THURSDAY:	10am	Eucharist
FIRST THURSDAY OF EACH MONTH:	11am	Eucharist in the lounge of Frances Hodgkins Retirement Village, Fenton Crescent

## The Rock

is published by

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## Vestry In Brief:

- ◆ A new "slim line" vestry met on 15 May. The adjective does not mean your vestry members have been on a diet but that it has lost some valued members and now consists of The Vicar, Tubby Hoskins and Kate Paterson (Wardens), Joy Henderson, David Hoskins, David Scoular and Ian Condie
- ◆ The two Davids were elected Parish Nominators and Ian Condie was elected to be Vestry Secretary
- ◆ The Vicar reported that we are still having problems with the church security alarm providers but both fire and security systems are working and we are fully covered. He gave a resume of the parish events in the recent past and a forecast of those in the future, all of which are advertised elsewhere
- ◆ The new financial system is functioning well. It is a great pleasure to hear that the cost of refurbishing the hall has been met. Either we are a generous lot or Kate cracks a powerful whip
- ◆ It was decided that parish giving to the Church Board of Missions in future be left to the board's discretion. Previously we directed where they should spend our contributions
- ◆ The Vicar has had to deal with an individual who has been causing a nuisance in and around the church property and has taken advice from the Community Police Officer about the correct way to handle such events. There is a proper legal procedure and it is hoped that Sidepersons and others can be made aware of it in case of any unpleasant events during services. It is, apparently, all too easy to lay oneself open to legal retaliation
- ◆ Having slimmed down, Vestry will no doubt be expected to work even harder!

Ian Condie (Vestry Secretary)



## Special Services

Contact The Vicar to arrange baptisms, weddings, house blessings, burials, confessions and other special services.

## For your diary

**Tuesday 28 May: The Caversham Lectures** at 2pm and 7.30pm in the Parish Centre. *Framers of Anglican Identity: Charles Gore.*

**Saturday, 1 June:** Agape banquet. The liturgy of the Eucharistic Prayer of Hippolytus at 5.30pm followed by a pot luck meal.

**Saturday, 8 June:** Concert by the Melrose Singers at 1.30pm. See page 5.

**Tuesday, 18 June:** Friendship Group's midwinter lunch at St Barnabas at 12 noon following 11am Eucharist. Cost: \$10.

**Saturday, 29 June:** Patronal festival Choral Evensong at 5pm followed by a pot luck meal.

**Sunday, 6 October:** Harvest Festival.

**Sunday 3 November:** Hospital Chapel assistance (bed moving).

**Tuesday, 12 November: The Caversham Lectures** at 7.30pm in the Parish Centre - Mr David Hoskins, Director of Music.

**Tuesday, 19 November: The Caversham Lectures** at 7.30pm in the Parish Centre—Professor John Stenhouse, University of Otago.

**Tuesday, 26 November: The Caversham Lectures** at 7.30pm in the Parish Centre—David Howard, poet, 2013 Burns fellow.

**Sunday 19 January:** Hospital Chapel assistance (bed moving).

# From Karneval to Kloster

By Alex Chisholm



In the April issue of *The Rock* I described some of the Easter celebrations in the "Arche". However the fact that Lent and Easter fall in spring in Europe highlights some interesting aspects of the pre-Lenten activities in Germany. The days leading up to the start of Lent are celebrated particularly in the Catholic *Länder* (provinces) with elaborate events and processions. But these are themselves the culmination of *Fasching / Karneval*, which starts on November 11 at 11am in the previous year. This always seemed a very strange time and date coming as I do from Scotland, when this is of course Remembrance Day. The activities, which take place between November and the week before the beginning of Lent are mainly on a much smaller scale and involve private parties and *Karneval* societies. Then on the Monday and Tuesday before Ash Wednesday there are major processions, for example in Mainz and Cologne, which involve thousands and where the atmosphere is like a large carnival anywhere.

The picture in the heading is of Cologne in 1411 and there was a settlement already there in Roman times. A large museum in Cologne is dedicated mainly to finds from the time of the Romans.

One explanation for carnival costumes and masks when having high jinks, particularly in the Rhineland area where the tradition can be traced to medieval times, is that many countries existed under harsh rules. Kings, princes and even smaller potentates maintained their own courts and flaunted before each other their own pomp and splendour at the expense of their population. During *Karneval* time, the common people took a chance at "living it up" and "talking back to their rulers". They would elect a mock government of eleven people, as well as other officials. A prince and princess were selected to rule the

country during the *Fasching* season. Political authorities, high placed persons and sovereigns were the target of ridicule, and featured in humorous and satirical speeches. To avoid persecution and punishment, these antics were played out from behind masks and costumes.



In the present day-on the Thursday before Ash Wednesday in *Düsseldorf, Köln* (Cologne), *Bonn und Koblenz* they have a special event, the Women's' *Fasching* (*Weiberfastnacht*). On *Weiberfastnacht*, women have a special license for outrageous and 'unwomanly' behaviour, such as cutting off men's ties.

A colleague in *Düsseldorf* did explain to me that the idea with all the *Karneval* events was to really "live it up" before going to the river *Rhein* (Rhine) just after midnight on Fat Tuesday (so called because of the fatty food eaten to try and reduce the effects of the alcohol), thus already in Ash Wednesday, to shake your purse over the water (having spent everything, or at least the small change, during *Karneval*). One then went off to confession and *Mass* as Lent began.

In smaller towns in the more mountainous regions in the south, *Fasching* is rather different and the "Spirits", wearing elaborately wood-carved masks, come down from the mountains with brooms to sweep away the winter and greet the spring. In some of these areas there would also have been settlements from the times of the Romans-and possibly ancient pagan Rites of Spring have mixed with the Catholic Carnival.

Revelers adorn themselves with masks which are passed down from one generation to the next, and are transformed into witches and devils, forest trolls and swamp ghosts, who will take to the streets to "sweep" winter away, and "dust off" the townspeople, while indulging in more vigorous pranks.

As I was looking for photos I came across these ones from the town of *Horb* in the Black Forest area. *Horb* is near *Sulz am Neckar* where I spent a few days in a retreat at *Kloster Kirchberg*, a house of the *The Evangelische Michaelsbruderschaft* (EMB) (Protestant Brotherhood of St. Michael), which is a German religious Brotherhood belonging to the *Berneuchen* Movement, a part of the Lutheran Liturgical Movement.



The Kirchberg monastery in Baden-Wuerttemberg, Germany.

PHOTO: SUPPLIED

The monastery is considered to be one of the most historically important religious buildings in Baden-Wuerttemberg and it also ranks as one of the oldest, having been built in the early 13th century.

Today, the monastery is used as any normal church house. It is the centre of the societies of the *Berneuchen* Movement. Every morning, at 7:45am, a service of praise is held. At noon, a prayer service is held, with another at 6pm, and then at 9pm. These sessions are respectively known as Lauds, Sext, Vespers and Compline. Celebration of the Eucharist also takes place at the monastery every Sunday and Thursday.

The *Michaelsbruderschaft* has its own breviary for its daily office, the *Evangelisches Tagzeitenbuch* (ISBN 3-525-60291-X), and its own missal, *Die Feier der Evangelischen Messe* (2009).



Castle Dwarves(left) and *Tannenzapfengeister* (Pine cone spirits), Horb, Germany.



PHOTO'S: MARCY JARVIS  
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