



Anglican Parish of
Caversham Saint Peter,
Dunedin, New Zealand

THE ROCK

October 2013—Trinity—Ordinary Time



Why we supported Stewardship 2013

As members of Saint Peter's Vestry, we have seen over the past year or two how hard and effectively the Vicar and his "executive team" (the Treasurer, the Hall Manager and the Churchwardens) have worked to identify and implement opportunities to control the costs of running our parish. Further such opportunities no doubt exist and will be addressed in time, but they are increasingly hard to find and the rate of improvement will slow.

We have also seen, month by month, the financial statements which show we continue to spend more than we earn. While it is true that our investment income is available at present to help cover the shortfall, it is not

prudent to develop a dependency upon this.

So we have chosen to increase our giving to the parish—in some cases for the first time in many years. And there is satisfaction in the feeling of enjoying something we help to provide, rather than simply taking what others have provided.

Some of us also have taken steps to provide for Saint Peter's in our wills.

You may ask why we have done these things. In essence, the answer is that we think Saint Peter's represents a heritage and an offering to God which is rare and in the process of becoming unique; and we think it matters that this rare thing be

preserved for the future.

There is any number of worthy causes—even of worthy Christian causes—we could support instead, but our parish is the shining example in this part of the world—indeed in most of the country—of how our forebears worshipped and lived.

So we support it and want to support its Anglo-Catholic traditions, through the present testing financial times, the far more testing times to come (think earthquake-proofing for example) and in to a solid and stable future.

*Ian Condie Ley Henderson
Tubby Hopkins David Hoskins
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Cyril conference in Sydney

By The Vicar

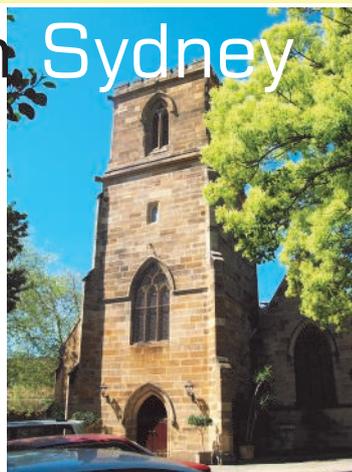
In late September I flew to Sydney to take part in a conference on St Cyril of Alexandria, one of the great theologians of the 5th century. I was fortunate to have as a guide the Revd Jonathan Hicks, our guest preacher at the Patronal festival, who together with Tess his wife and Judah their infant son, led me to our hotel and the conference location. This was the Greek Orthodox theological college, which is not far from the



central railway station.

The Church you see in the accompanying photo's was purchased from the Anglicans, and is now the Greek Orthodox Cathedral of Sydney. They have also located their Archdiocesan offices and theological college on the site. The photo's you see of an interior worship space are of the College Chapel, where we had a Service each day of the conference.

Jonathan and I both gave a



PHOTO'S: THE VICAR

paper at the conference, as did the other New Zealander there, Rebecca Burgess, the wife of the

(Continued on page 2)

Cyril in Sydney

(Continued from page 1)

Principal of Bishopdale Theological College in Nelson. Nelson diocese has become so fed up with St Johns theological college that it has established its own one. My paper was on the way a contemporary American Lutheran theologian, Robert Jenson, has made use of Cyril of Alexandria's Christology.

The first day of the conference was heavy going. When they pushed on beyond six in the evening I began to lose heart, and the keynote speaker, who obviously knew a lot about Cyril, gave a lecture on a tangential aspect of his career. But on the last day, in the last speaking slot, a young student of modern Hellenic studies gave a brilliant, lucid and engaging lecture on the emotional make up of Christ, which filled the major gap I had been struggling with in my paper. It was worth attending just for this unexpected blessing.

I had a day or two to explore the city. On Sunday I attended High Mass at Christchurch St Lawrence, the great Anglo-Catholic shrine, checked out St Andrews, the Anglican Cathedral that doesn't bother with an altar, and then went on to St James, King St, where the expat Kiwis made me most welcome, giving me a glass of wine even though I hadn't attended the Service.

My most enduring memory of my first time



appreciative reconnaissance of Sydney was of the suburb of Ultimo, and its long main street with the most extraordinary diversity of cafes, restaurants and bookshops. The Polish restaurant seemed to be one of the most popular, and although I knew nothing about Polish food, I decided to try it out. To my delighted surprise it was by no means all sausages and sauerkraut. And the octopus on toast for breakfast at the bakery around the corner from my Chippendale hotel was a culinary stand out. Clearly this is a city that will repay a second visit. 📧



Letters

The Rock welcomes letters to the Editor. Letters should be no more than 150 words in length and are subject to selection and, if selected, to editing for length and house style. Letters may be :

Posted to : The Editor of The Rock,
c/- The Vicarage, 57 Baker Street,
Caversham,
Dunedin, N.Z. 9012

Emailed to:

TheRockEditor@stpeterscaversham.org.nz

Ask The Vicar

For answers to questions doctrinal, spiritual and liturgical.

Write to: Ask The Vicar,
57 Baker Street,
Caversham,
Dunedin, N.Z. 9012

Or email:

AskTheVicar@stpeterscaversham.org.nz

ASK THE VESTRY

Questions about the secular life and fabric of the parish may be:

Posted to : Ask The Vestry,
c/- The Vicarage, 57 Baker Street,
Caversham,
Dunedin, N.Z. 9012

Emailed to:

AskTheVestry@stpeterscaversham.org.nz

Rock music
By David Hoskins, Director of Music

A Whitlock Month

Parishioners mentioned to me how much they enjoyed the music of Percy Whitlock recently featured on Concert FM's Composer of the Week. Coincidentally I have been looking through some of Whitlock's organ music and thought we could have a 'Whitlock month' in November.

Percy Whitlock was an English organist and composer born in Chatham on 1 June, 1903. A student of Vaughn Williams at London's Royal College of Music, he developed a compositional style blending both the lighter Elgar and the astringencies of Vaughn Williams' symphonic work. His best music is infused with a sense of an English folk idiom,

yet the language is always distinctly his own.

He was assistant organist at Rochester Cathedral from 1921-1930 and then Director of Music at St Stephen's, Bournemouth, combining church activities with those of Municipal Organist. After 1935 he left church music and devoted himself to the music of the municipal theatre where he regularly broadcast for the BBC.

Whitlock wrote across most of the major musical forms but it is his smaller pieces, particularly for organ, that continue to be most popular. They are light in style, yet exhibit



Percy Whitlock

great imagination, technical prowess and pointed wit.

While in his early 20's he was diagnosed with tuberculosis, then hypertension. Near the end of his tragically short life, he lost his eyesight completely. He also developed a method of playing (brilliantly) that

took into account a serious disability involving his very short thumbs. Proof of his virtuoso organ playing can be found in a few old recordings via YouTube. With his death in Bournemouth aged only 43, English music lost a refreshing and individual voice and throughout the 1950's his music was largely forgotten. However, in recent years there has been renewed interest in Whitlock and a considerable number of recordings has been the result.

I hope the congregation enjoys the Whitlock month, covering as it does the 'big and the small' of his output—and tricky it is to play! 📧

THE CAVERSHAM LECTURES 2013

12 November

"Altogether, and in tune this time" : An historical overview of Saint Peter's and local community arts.

- Mr David Hoskins, Director of Music,
Saint Peter's Caversham

19 November

"The Social Impact of South Dunedin's Churches"

- Professor John Stenhouse,
University of Otago History Department

26 November

"Language as the history of being human"

- David Howard, poet, 2013 Burns fellow

Each lecture will be held in the parish
centre at 7.30 pm.

Frank

By Ian Condie

Before it was compulsory to worship the god Healthandsafety a callow youth of fourteen was a deck hand on the tourist launches at Te Anau. He had no training, no qualifications nor any experience. The hours were long and irregular, he was paid whenever the Skipper had any spare cash and his duties were whatever he was told to do. It was a very happy time.

On the evening run to the Glow Worm Caves he had to jump ashore with the headline, run along the track through the bush to a small hut, start a petrol generator, switch on the lights then hurry to the cave to bail out the boat before the customers got there. In those days he could reasonably believe himself to be, at that moment, the only human within the Fiordland National Park.

He was running along under the trees one dusky evening when he tripped over a human body. Somewhat shaken, he picked himself up and was relieved to hear the body cursing him.

Hastily coming to the conclusion that if it came to being cursed by a possible ghost or by his skipper, the former was



"... he had to run along the track through the bush ..."

PHOTO: INFORMATION SERVICES OTAGO LTD.

the lesser of two evils, the lad muttered an apology and ran on.

Later, on the homeward passage, the deck hand supplied mugs of tea to the body who was yarning with the Skipper. Frank Woodrow was a French Canadian employed by the precursor of DOC as a Ranger. He would disappear into the wilds of Fiordland with his pack and rifle and would not be seen or heard of again until his tea, sugar and tobacco had run out. He had been crawling along the track looking for discarded fag ends when the boy fell over him.

To his disgust Frank was compulsorily retired when in his seventies, and announced that he was going back to his native Canada "to shoot him a bear".

It is a privilege, not given to many, to stumble upon greatness. 📷

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compassionate
professionals

*"Buildings are only brick and mortar;
it's our people who provide such quality
service to families"*

Alan Gillion

 Gillions
Funeral Services



(l to r) The Rev. Graham Langley, Mrs. Langley and the Vicar in Saint Peter's after the 8am service on 20 October. Guest preacher at Saint Peter's that day, Mr. Langley spoke of the importance of giving our time, talents and treasures to the Lord. The day marked the end of formal activities in our 2013 stewardship programme.

PHOTO: INFORMATION SERVICES OTAGO LTD.

Nutritious

Two very different breakfasts



By Alex Chisholm

During my recent trip away I experienced two very different types of breakfast. At The Glasgow Guest House I had my usual fruit platter and John, the owner, was telling me this is now their most popular breakfast. When I was first there, eight years



"My usual fruit platter".

ago, the cooked breakfast was the most popular, being ordered by 80% of the guests. Now it is quite the other way around and most people have the fruit, often followed by cereal then toast.

In contrast to the healthy breakfast in Glasgow the situation at the Bristol conference was just the opposite. Rows of serving dishes with all the possible foods, mostly fried, for a classic English cooked

breakfast were laid out on a long table. Surprisingly, only a few packets of wholegrain muesli and even fewer pottles of yoghurt were discretely hidden away on a side table. On the second morning I arrived about ten minutes later and there was no yoghurt—but at least there was still muesli! This breakfast contrast was even more disturbing, as the conference in Bristol was HEARTUK—in other words devoted to the issues of raised cholesterol and on this occasion it was the more serious inherited form which was the major conference theme. I hope whoever is organising next year's conference will take the opportunity to increase the selection of heart healthy breakfast food. The lunches, by contrast, were healthy and tasty.

Breakfast is a very important meal in helping to avoid overweight in children and teenagers. A healthy breakfast helps to ensure adequate nutrient intake for both younger and older people. Among adults, skipping meals is associated with excess body weight, raised blood pressure, insulin resistance, and elevated blood lipids. In the Health Professionals Follow-up Study in the U.S. assessing the eating habits, including breakfast, among 26,902 men, the researchers found that men who skipped breakfast had a 27% higher risk of coronary heart disease (CHD) compared with men who did not. Thus eating breakfast was associated with significantly lower CHD risk. Among older adults, eating breakfast can help to ensure sufficient protein and calcium intake and contribute other minerals and vitamins. It is a good opportunity to have a serving of cereal or wholegrain as toast, porridge, or cold breakfast cereal. Adding



"The classic English cooked breakfast".

PHOTO'S: SUPPLIED.



Order on-line @ www.unclejoes.co.nz

Christmas Orders

Alex is taking Christmas orders for hazelnuts & walnuts (nuts, nut meal, oil & spreads) for those who do not have internet access. Just see Alex at Church, give her a ring or email alex@dietdesign.co.nz.

milk, especially lower fat milk, boosts calcium, as does yoghurt. Spreads may add in healthy fats, as does adding a few walnuts or hazelnuts. Fruit, especially raw, again increases vitamin and mineral intake. For those who like to have a cooked breakfast, eggs (poached, boiled or scrambled), grilled tomatoes with a little cheese on toast, baked beans or very lean bacon cooked without fat are possibilities for a good start to the day. ☑

The Frolicsome Friar



"It was owned by a little old man who drove it to church."

FOUND AT WWW.HOWTOGEEK.COM

For parish updates between issues of **The Rock**, visit our website at www.stpeterscaversham.org.nz

St Mary Redcliffe, Bristol : part 1

By Alex Chisholm

A wonderful and historically very interesting building I was able to visit while walking from where I was staying into the centre of Bristol was the church of St Mary Redcliffe.

This parish church has a long history dating back to the beginning of the 12th century. However, much of the awe-inspiring splendour of the present building was created by masons during the 15th century.

Elizabeth I, on a visit to Bristol in 1574, is reputed to have declared it to be the 'the fairest, goodliest and most famous parish church in England.'. The wood carving of Elizabeth I in the St John's Chapel may date from the opening of the parish school in 1571, education being a concern

of the parish.

When the reformation of Henry VIII required churches to use English and have English bibles these had to be imported from Geneva and St Mary Redcliffe still possesses one. The lectern dates from this period and follows the common medieval style of an eagle above a globe with the Bible resting on its wings, symbolizing the word of God being proclaimed over all the world.

Fresh water from a spring was gifted to the church in the 12th century and was in continuous use until damaged during WWII (see sidebar).

More about this fascinating church in the next edition of *The Rock*. 



"Awe-inspiring splendour" of St Mary Redcliffe.

Water



The Redcliffe Maze was recreated as a water maze in a local park using water from the Redcliffe pipe.

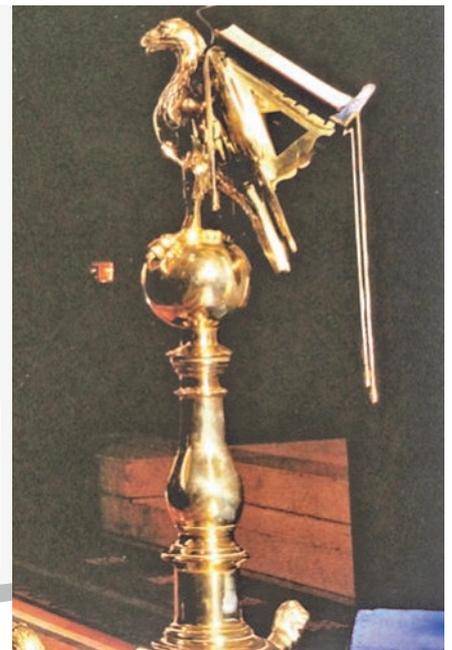
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ducation was not the only social concern of the church. St Mary Redcliffe Church also supplied fresh water for the parish. The Lord of the Manor of Bedminster, Sir Robert de Berkeley, gave the water supply to the Church in the 12th century from a spring over two miles away on a hill south west of the parish. His wife gave land so that a pipe could be laid from the spring to the parish of Redcliffe; water continued to flow through this pipe until it was broken during World War II. The Vicar, Churchwardens and members of the congregation walk the pipe's full length each year to maintain their ancient right to inspect the condition of the pipe.

SIDEBAR AND PHOTO'S FROM THE GUIDEBOOK "ST MARY REDCLIFFE BRISTOL"
TEXT & RESEARCH BY JAMES WILSON.
PHOTOGRAPHS BY JOHN PICKARD AND SIMON SMITH.
PRINTED BY BURLEIGH, BRISTOL

Epistles
from
Europe

Parishioner Alex Chisholm continues her tales of time spent in Europe earlier this year



The typical restoration-era lectern.

Saint Peter's People

Ann Sharp's story

As told to Michael Forrest

Ann is the daughter of Joyce and the late Arch McQuarrie who were very much Saint Peter the Less people. Joyce is about to turn ninety-five, is in fine fettle and maintains a close connection with the church. Now sixty-seven, Ann describes herself as a local girl, having attended Queens High School and lived in the St Clair area almost all her life, including thirty-six years in her present house with its marvellous view. On leaving school she went to work in a pathology-laboratory where she specialised in cytology for a private medical laboratory. In her forties Ann became a University student, gaining a BA majoring in art history and theory.

Ann grew up in the Church, attending Sunday School at the Less and being confirmed then married in Saint Peter's. She is a very sporty lady who played basketball, through which



she met her husband, Dave. He was a New Zealand representative in the 1960's, playing for what are now called the Tall Blacks, and is now a keen golfer. Her main and great sporting interest these days is croquet, both golf and association versions. She has been a New Zealand representative, and is currently the president of the Otago Croquet Association and a member of the Forbury Park Croquet Club (which is always looking for new members). In summer she plays

grandchildren with the seventh due in December. None lives in Dunedin—their daughters live in Wellington and Auckland, and their son is based in London, so family comes first whenever the opportunity arises. Indeed Ann and Dave have just returned from visiting their youngest child, Michael, in London (see the picture showing the happy couple on this trip, taken in Portugal).

Ann is another interesting, talented and busy member of our Saint Peter's congregation. ☑

three times a week.

In winter, by contrast, Ann creates artworks—mostly black-and-white pencil drawings, portraits of faces which she thinks show character, or (over the last six years) acrylic paintings on canvas. In this writer's untrained opinion both kinds are of a very high standard.

Dave and Ann have two daughters and a son, and six

Fellowship hosts engaging speaker and entertaining guest

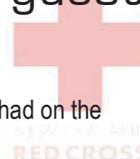
By Gwen Hudson

The September get-together took the form of a delightful dinner party, with our after dinner speaker Douglas Clarke as a guest. As usual the food was beautiful and plentiful and our guest proved to be an entertaining guest and an engaging speaker.

Douglas Clarke is now, after years of varied life and work experience, a team leader in Disaster Project Management for the New Zealand Red Cross. His talk took us through how the New Zealand Red cross responds to a call for assistance either National or International. Decisions are made and action happens in a very tight time frame as people with appropriate skills are organized. For Douglas the real issues begin when the teams arrive at the disaster area. Here it is the team project leader's role to garner an understanding of the big picture, organize and apportion the necessary supplies and people to do the job, and generally make sure his area of control does the best it can.

Douglas's talk complimented previous talks we have had on the hands on experience of Red Cross Nursing,

A lively interactive question session followed the talk and \$30.00 raised through a raffle was donated to the Red Cross. ☑





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Regular Services

please consult The Pebble or our website for variations

All services are held at Saint Peter's unless noted otherwise

SUNDAY:	8am	Holy Communion according to the Book of Common Prayer
	10.30am	Solemn Eucharist
TUESDAY:	11am	Eucharist in the Chapel of St Barnabas' Home, Ings Avenue
THURSDAY:	10am	Eucharist
FIRST THURSDAY OF EACH MONTH:	11am	Eucharist in the lounge of Frances Hodgkins Retirement Village, Fenton Crescent



Vestry Notes:

By Ian Condie,
Vestry Secretary

Vestry met on Wednesday 16th which gave your Synod Members ample time to recover.

- ⇒ The Vicar has arranged for a new firm to do our grass cutting—at a reduced price
- ⇒ The Parish bus trip was held to have been a great success thanks in great measure to Kate's organization
- ⇒ The Stewardship Programme was discussed. While it is a sound, practical and sensible programme, the basic, unavoidable fact remains - we need money!
- ⇒ On that note, Vestry formally recognized the late Neil Scrymgeour's bequest with gratitude and resolved that it should be deposited in the Dunedin Diocesan Trust Board's Growth Fund
- ⇒ The IEP Report (concerning earthquake strengthening) was received—a somewhat technical document with some unpalatable facts
- ⇒ The Hall Manager is actively pursuing opportunities to make further use of the hall and in particular, some that might encourage individuals to "come further in"; in other words, join our congregation. The Z Energy "Good in the Hood" neighbourhood grant scheme was also discussed in that connection
- ⇒ Finally, on a more serious note [not very serious!—Ed.]. It was with grave displeasure and concern that Vestry was informed of the high level of consumption and potential catastrophic shortage of biscuits in the Lounge. The Hall Manager is attempting to discover the brand and type most disliked by the congregation and to purchase only those. 🍪

The Rock

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Special Services

Contact The Vicar to arrange baptisms, weddings, house blessings, burials, confessions and other special services.

For your diary

Sunday, 3 November: Hospital Chapel assistance (bed moving).

Celebration of All Souls Day.

Tuesday, 12 November: Friendship Group end-of-year lunch at noon following the Eucharist at St Barnabas

The Caversham Lectures at 7.30pm in the Parish Centre—David Hoskins, Director of Music.

Monday, 18 November: Vicar's meeting with Churchwardens.

Tuesday, 19 November: The Caversham Lectures at 7.30pm in the Parish Centre—Professor John Stenhouse, University of Otago.

Tuesday, 26 November: The Caversham Lectures at 7.30pm in the Parish Centre—David Howard, poet, 2013 Burns fellow.

Sunday, 19 January: Hospital Chapel assistance (bed moving).

SPRING EXCURSION

Spring Bus Trip

By Kate Paterson

At 8.30 a.m on a rather damp and foggy Saturday morning, 6 October, 27 of us set off on our bus trip to the Maniototo and Central Otago. Our Ritchies coach was very comfortable and extremely well driven by our Driver Gerald.

We travelled to Middlemarch through countryside which looks quite like a moon scape, where we stopped and had morning tea—thanks to Raylene and Kate for the loaf and muffins. From Middlemarch we travelled to Ranfurly where we visited St Hilda's Anglican Church which had been opened for us. Jo Steele, having been a 'Maniototo Girl', was able to give us lots of information on the Church and the surrounding countryside etc. I should have had her in the front seat with the microphone; she is one knowledgeable lady!

Back on the bus and on to Naseby for lunch. It was still greyish but not cold and those who wanted to could view the Church there and walk around the town, which had a surprisingly good cafe with lovely coffee (but rather slow service!) This is such a lovely little place, steeped in history and it surprised me the number of our group who had never been to Naseby before.

As we left Naseby the sun came out and by the time we reached the lookout at the Clyde Dam, it was a gloriously warm Central Otago day. The smell of the thyme and sage made me quite nostalgic for the holidays which I spent in Clyde at our family crib as a teenager. Down in the Clyde township the lovely church of St Michael was open for us and we visited there. It has some amazing blue stained glass surrounds on the windows and is a lovely Church. Then some of us went to what had been the old Post Office, now a great little restaurant with a lovely grassed area out the back with tables and umbrellas. Wine and Coffee seemed to be the order of the day before we boarded our bus for a brief stop at Alexandra and then back to Baker Street at 5.45p.m.

Judging by the smiling, happy faces an enjoyable day was had. Actually you only had to look down the bus and listen to the chatter to realise how important these activities are in bringing folk together socially. A great day and I might add a welcome G&T once home!



St Hilda's Ranfurly

PHOTO: THE VICAR



The Church at Naseby



At the Clyde Dam



St Michael in Clyde

Friendship meeting change

By Gay Webb

The Friendship Group met on Tuesday 8 October, where we decided to hold only two meetings a year—the Mid Winter lunch in June and the Christmas lunch in November. As we only have six members—or four at the last meeting—it was felt that we had to make this decision.

The end of year lunch will be on Tuesday, 12 November at 12 noon, after the Eucharist celebrated with the residents at 11 am in The Home of St Barnabas.

Contact Gay Webb 4761 613.

From the Bluff to Cape Reinga

By David Crosbie

My trip from the Bluff to Cape Reinga is finished.

We left Dunedin after a special blessing from Father Hugh, with Ken falling off his bike at the top end of Baker Street. The weather and the scenery for 18 days were blessed by God for us, and absolutely gorgeous. Most days were spent riding for at least four to seven hours, staying with people we had organised, so we ate well and were well cared for.

We prayed for people along the way, on the street, in shops, and in their homes, including one family with a member dying of cancer—an 86 year old woman whose husband had just turned to Jesus, and then drowned.

For most of the trip we rode at the safe speed of 100 kilometres per hour, though there may have been the odd transgression!

We arrived back in Dunedin after 18 days, worn and beat, only to realise our true age. I would like to personally thank anybody who prayed for our personal safety, as this is your answer to prayer (prayer works).

God Bless you all.



Croz with Ken and Christian at Cape Reinga.

PHOTO: SUPPLIED.